

Behavioral Health Care for

# Residents and Fellows

## Trainees' well-being matters

Tend Health partners with your program to exceed ACGME requirements.

We build custom packages tailored to your program's needs.

### We offer

- ✓ Proactive Behavioral Health
- ✓ Mental Health
- ✓ Education
- ✓ Skill Development
- ✓ Program Consultation

## Mental health

### COUNSELING

- Highly accessible, private, confidential
- On-line scheduling
- Next day appointments
- 24/7 access to clinicians
- Early morning, evening, weekend scheduling
- Delivered by phone, text, video
- Doctoral level clinicians
- Experts in caring for physicians in training

### SELF-SCREENING TOOLS

### WELLNESS VISITS

### COUNSELING AND MEDICATION EVALUATION AND MANAGEMENT

## Here when it matters.

*"I am so grateful for the flexibility of Tend Health. It has been a terrific partnership."*

JENNIFER LETOURNEAU, DO, DIO  
LEGACY HEALTH, PORTLAND, OR

*"As an institution, we feel that we are providing them with the best mental health care possible."*

DEBORAH DEMARCO, MD, DIO  
UMASS CHAN MEDICAL SCHOOL, WORCESTER, MA

