

Partner with Tend



Increased Privacy

Tend Health does not bill insurance for mental health services. This allows residents and fellows maximum privacy as some state licensing applications, hospital credentialing, and malpractice/life insurance ask about prior mental health diagnoses. Using insurance requires clinicians to submit a diagnosis and pathologize every trainees' presentation for services, even if the distress is related to the strain of residency.

Diversity of Clinicians

Tend Health is actively diversifying our clinical workforce, in terms of gender, race/ethnicity, native language, age, and clinical expertise. Trainees are able to review profiles of clinicians and select their desired clinician or meet briefly with a few clinicians to select the best match.

Expanded Access

Virtual engagement allows for evening and weekend appointments, which are frequently used by residents and fellows. We will do everything in our power to flex our clinician availability to meet trainees' schedules. A virtual counseling model also eliminates driving/parking time for learners and allows learners to be in their own environment when accessing care. Trainees tell us they prefer this model of care.

Expertise of Clinicians

We take pride in our clinicians expertise in caring for healthcare professionals. Each of our clinicians has extensive knowledge of the medical training process; in fact, when asked which attributes of Tend Health's model have been most valuable to clients, 95% of respondents select "Clinician understands my work as a healthcare professional."

Streamlined Scheduling

Tend's scheduling model removes the need for trainees' to make a phone call or contact several entities for an appointment. Schedules for our clinicians can be viewed online, in one place, and learners can schedule their own appointments from any device within a few clicks. They only need to provide their name and email address to get started.

Tailored Satisfaction Data

Our custom feedback and satisfaction data allow for the ability to tailor the questions we ask to address the program's preferences.

Pro-active Preventive Visits

Tend Health offers opt-out wellness check-ups. These non-clinical visits help trainees to identify strategies to thrive and discuss ways to access help.