

TEND HEALTH

SPECIALIZED MENTAL HEALTH CARE FOR
Health Care Professionals



A specialized workforce requires specialized care

Health care professionals experience empathetic distress, grief, and burnout at significantly higher rates than other professions.

Appropriately treating the mental health of clinicians requires specialized training. That's where we come in.

Counseling and Coaching

- Private and confidential; our medical records are separate from your employers' and we do not bill your insurance provider
- Doctoral-level clinicians specialized in caring for clinicians
- Quick, easy online scheduling
- Next day appointments always available
- 24/7 access to clinicians
- Early morning, evening, weekend scheduling
- Flexible rescheduling
- Delivered by phone, text, video



Let's talk

Call or text: 503-852-1168

Schedule: tend.health/get-started
connect@tend.health

www.tend.health

tend
HEALTH